



16 January 2024

Co-curricular Programme Term I 2024

Dear Parents, Guardians and Caregivers

Welcome to the Oakhill Sports Department.

The sports department's success is achieved through the dedication and passion of our staff and the commitment and discipline of our students. We strive to build, and improve on past successes with the steadfast support of all role-players. I am confident that the ideals and dreams you have for your children's future will be realized at Oakhill.

It is Oakhill's goal to provide a safe, healthy and competitive environment for your child in order for them to reach their full potential when participating in their chosen co-curricular. To support your child in reaching their goals, we continually strive to create exciting opportunities and possibilities at Oakhill. We sincerely hope that every Oakhillian finds the experience fulfilling and that he or she can forge lifelong friendships and skills.

Oakhill requires all students to participate in at least one co-curricular per term, regardless of whether it be a sport or cultural activity. Every student contributes significantly to our school's success both on and off the sports field, therefore I encourage them to participate in more than one co-curricular per term. Students must remain committed to their co-curricular activity throughout the term, and I ask parents to support the Sports Department with this endeavor.

With preparations for 2024 well underway, it's time to consider your child's sports or cultural co-curricular activities for Term I. Please take note of the following:

General information

- I urge parents to download the Oakhill Co-Curricular Application and add the communities that your child will belong to. Using the application, parents and students will continue to stay informed about news, schedules, co-curricular activities, practice times, and notifications in an effective and efficient manner.
- Additionally, the school calendar continues to be our primary source of information about events taking place within the school community. Please consult the calendar often.



Preparatory School

- Wednesday 17 January 2024 - Term 1 commences
- Thursday, 18 January 2024 - Grade 1 - 7 Physical Education and swimming programme commences
- Monday, 22 January 2024 - All Co-curricular activities commence (Grade 1 - 7)

College

- Wednesday, 17 January 2024 - Grade 8 - 11 Physical Education and swimming programme commences
- Thursday, 18 January 2024 - All Co-curricular activities commence (Grade 8-12)

Summer Sports Co-Curricular Programme 2024

- Grade 1 - 3 Programme [CLICK HERE](#) to view
- Grade 4 - 7 Programme [CLICK HERE](#) to view
- Grade 8 - 12 Programme [CLICK HERE](#) to view

Dress code - PE Lessons

All pupils are expected to participate in the correct sports attire which is as follows:

Land training

Oakhill blue shorts; skort or tracksuit bottom with Oakhill white PE shirt or house shirt. Sport shoes or barefoot depending on the activity.

Swimming:

Oakhill swimming costume with Oakhill swimming cap or white swimming cap and swimming goggles.

Please note: Students are expected to change into their school uniform after their PE lessons. PE teachers allow 10 minutes before the lesson ends for students to get changed out of their PE kit.

Term 1 promises to be busy and exciting and we look forward to your child's participation.

Kind regards,

Luandi Liebenberg

Head of Sport: College